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Rethinking Narcissism: The Secret to Recognizing and Coping with Narcissists (Paperback)

By Dr Craig Malkin

HARPER PERENNIAL, United States, 2016. Paperback. Book Condition: New. Reprint. 201 x 135 mm. Language: English . Brand New Book. Harvard Medical School psychologist and Huffington Post blogger Craig Malkin addresses the narcissism epidemic, by illuminating the spectrum of narcissism, identifying ways to control the trait, and explaining how too little of it may be a bad thing. What is narcissism? is one of the fastest rising searches on Google, and articles on the topic routinely go viral. Yet, the word narcissist seems to mean something different every time it's uttered. People hurl the word as insult at anyone who offends them. It's become so ubiquitous, in fact, that it's lost any clear meaning. The only certainty these days is that it's bad to be a narcissist really bad inspiring the same kind of roiling queasiness we feel when we hear the words sexist or racist. That's especially troubling news for millennials, the people born after 1980, who've been branded the most narcissistic generation ever. In Rethinking Narcissism readers will learn that there's far more to narcissism than its reductive invective would imply. The truth is that we all fall on a spectrum...



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Reviews

This book is definitely not effortless to start on reading through but extremely fun to learn. Better than never, though I am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Aliya Franecki

An incredibly amazing book with perfect and lucid information. I was able to comprehend everything using this written ebook. I realized this book from my dad and I advised this ebook to understand.

-- Hank Ruecker DDS