



## Spiritual Sinkholes: A Practical Guide to Avoiding Compassion Fatigue (Paperback)

By Dr Jim Caruso

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Many clergy experience a debilitating stress condition called Compassion Fatigue. Church leaders leave ministry for many reasons such as moral failure, financial stresses, marital problems, burnout, and Compassion Fatigue. Many of these outcomes are a direct result of a lack personal self care. This book will encourage the reader to realize that self-care is not selfish. Compassion Fatigue is not easily recognized, but its effects on ministry leaders are clearly visible. Church leaders are vulnerable to Compassion Fatigue through their care-giving role. Compassion Fatigue can be defined as the cost of caring too much. This book will help the reader understand the signs and symptoms of Compassion Fatigue and presents practical life applications that will lead to a pattern of healthy Sabbath rest and self-care practices. The application of these disciplines will help prevent Compassion Fatigue and greatly improve health, strength, and longevity in ministry and family. A former paramedic with the BC Ambulance Service in Victoria; 5 years full time; 20 years part-time in different communities in BC and the Yukon; a volunteer fire...



**READ ONLINE**  
[ 6.54 MB ]

### Reviews

*It is really an remarkable book i have at any time study. It is rally intriguing throgh reading through time. Your life period will likely be change when you complete looking at this pdf.*

-- **Alyce Lemke**

*Comprehensive guide for ebook fanatics. It really is rally fascinating throgh reading time. Its been designed in an exceptionally simple way and is particularly only following i finished reading this ebook through which really changed me, modify the way in my opinion.*

-- **Frederique McClure**

## Other Books



### [Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: \( Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures\) \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



### [How to Make a Free Website for Kids \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter # 2: Signing Up for a Website...



### [Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online \(Paperback\)](#)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



### [No Friends?: How to Make Friends Fast and Keep Them \(Paperback\)](#)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do You Have NO Friends ? Are you tired of not having any friend and being lonely all the time...



### [History of the Town of Sutton Massachusetts from 1704 to 1876 \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This version of the History of the Town of Sutton Massachusetts from 1704 to 1876 is a labor...



### [Never Invite an Alligator to Lunch! \(Paperback\)](#)

Lucky Me Publishing, LLC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. NEVER Invite an Alligator to Lunch! delivers a fun, action-packed, entertaining story featuring delightful characters. The...