



Whole (Paperback)

By Brian Seth Hurst

Createspace, United States, 2012. Paperback. Book Condition: New. 220 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. What do you do after life has handed you a wake-up call? Author Brian Seth Hurst experienced a significant professional setback, but, rather than soldier on, he recognized it as a profound opportunity to acknowledge a deeper foundation at work in his life. It is the affirmation that there is sheer power in what one believes, and, for better or worse, those beliefs are the foundation for the reality we create. The question of Why? began a thirty-day inquiry and adventure for Hurst into the unknown. The result is the book W H O L E - a collection of powerful essays that examine how beliefs serve, or do not serve, us in our lives, how those beliefs can be transformed to change our circumstances, and the power of the ultimate connection to Source. What do you do after life has handed you a wake-up call? If you decide to remain awake, then you begin looking at your life. W H O L E is your companion as you review the past, balance all areas of your life,...

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