

## Iron Dads: Managing Family, Work, and Endurance Sport Identities (Paperback)



Filesize: 5.92 MB

### ***Reviews***

*Very helpful to all of group of people. It is one of the most incredible pdf i have study. I am very easily could possibly get a satisfaction of studying a published ebook.*

***(Gust Kuphal)***

## IRON DADS: MANAGING FAMILY, WORK, AND ENDURANCE SPORT IDENTITIES (PAPERBACK)



Rutgers University Press, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Among the most difficult athletic events a person can attempt, the iron-distance triathlon - a 140.6 mile competition - requires an intense prerace training program. This preparation can be as much as twenty hours per week for a full year leading up to a race. In Iron Dads, Diana Tracy Cohen focuses on the pressures this extensive preparation can place on families, exploring the ways in which men with full-time jobs, one or more children, and other responsibilities fit this level of training into their lives. An accomplished triathlete as well as a trained social scientist, Cohen offers much insight into the effects of endurance-sport training on family, parenting, and the sense of self. She conducted in-depth interviews with forty-seven iron-distance competitors and three prominent men in the race industry, and analyzed triathlon blog postings made by Iron Dads. What sacrifices, Cohen asks, are required - both at home and at work - to cross the iron-distance finish line? What happens when work, family, and sport collide? Is it possible for fathers to meet their own parenting expectations while pursuing such a time-consuming regimen? With the tensions of family economics, how do you justify spending \$5,000 on a racing bike? At what point does sport become work? Cohen discovered that, by fostering family involvement in this all-consuming effort, Iron Dads are able to maintain a sense of themselves not only as strong, masculine competitors, but also as engaged fathers. Engagingly written and well researched, Iron Dads provides a penetrating, firsthand look at extreme endurance sports, including practical advice for aspiring racers and suggestions for making triathlons more family-friendly.



[Read Iron Dads: Managing Family, Work, and Endurance Sport Identities \(Paperback\) Online](#)



[Download PDF Iron Dads: Managing Family, Work, and Endurance Sport Identities \(Paperback\)](#)

## See Also



### **Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: ( Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures) (Paperback)**

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Getting Your FREE Bonus Download this book, read it to the end and...

[Read Document »](#)



### **Patent Ease: How to Write You Own Patent Application (Paperback)**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Patent Ease! The new How to write your own Patent book for beginners!...

[Read Document »](#)



### **No Friends?: How to Make Friends Fast and Keep Them (Paperback)**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do You Have NO Friends ? Are you tired of not having any...

[Read Document »](#)



### **How to Make a Free Website for Kids (Paperback)**

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter...

[Read Document »](#)



### **Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral (Paperback)**

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Black White Illustration Version! BONUS - Includes FREE Dog Fart Audio Book for...

[Read Document »](#)