



Keep Your Brain Stronger for Longer: 201 Brain Exercises for People with Mild Cognitive Impairment

By Tonia Vojtkofsky, Robert G Feldman

Experiment LLC, The. Paperback / softback. Book Condition: new. BRAND NEW, Keep Your Brain Stronger for Longer: 201 Brain Exercises for People with Mild Cognitive Impairment, Tonia Vojtkofsky, Robert G Feldman, Start Exercising Your Brain Now: 201 Word and Number Exercises to Challenge Your Memory, Reasoning, Visual-Spatial Skills, Vocabulary, and More! Keep your brain active, even with MCI. For adults with Mild Cognitive Impairment, brain exercises are the best way to stay sharp and delay the onset of dementia. That's why cognitive specialist Dr. Tonia Vojtkofsky tailored this fun workbook specifically for people with MCI. It's the first of its kind! Find a word that meets the definition and contains the letters CAN. Truthful; straightforward; frank. A brown nut with an edible kernel. A cylinder black of wax with a wick. Pick the one statement that is correct: UWYVXV is right of X. W is right of V. V is between U and Y. Y is right of W. Find and complete the pattern: 5, 8, 12, 17, 23, _____, _____, _____, _____. 14, 56, 224, 896, _____, _____, _____, _____. 5, 15, 30, 90, 180, _____, _____, _____. Plus: Complete the word, image recall, determine the order, matching, true or false, logic problems, decode using clues, trivia,...

DOWNLOAD



READ ONLINE

[4.89 MB]

Reviews

This is the finest publication we have read through right up until now. Better than never, though I am quite late in start reading this one. It's been written in an remarkably easy way in fact it is only after I finished reading through this book by which basically altered me, affect the way I think.

-- Dr. Gabriella Hayes

Undoubtedly, this is actually the best operate by any publisher. It is among the most amazing pdf I have got read. It's been printed in an exceptionally straightforward way which is just after I finished reading this book in which actually altered me, change the way I believe.

-- Deonte Kohler PhD

Other Kindle Books



DK Readers L1: Jobs People Do: A Day in the Life of a Firefighter

DK Publishing. Paperback / softback. Book Condition: new. BRAND NEW, DK Readers L1: Jobs People Do: A Day in the Life of a Firefighter, Linda Hayward, DK Publishing, This Level 1 book is appropriate for children who are just beginning to read....



Using Graphic Novels in the Classroom, Grades 4-8

Teacher Created Materials. Paperback / softback. Book Condition: new. BRAND NEW, Using Graphic Novels in the Classroom, Grades 4-8, Melissa Hart, Since todays young readers live in a highly visual world, its no surprise that graphic novels are growing in popularity. With...



Do This! Not That!: The Ultimate Handbook of Counterintuitive Parenting

Skyhorse Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Do This! Not That!: The Ultimate Handbook of Counterintuitive Parenting, Anna Glas, Ase Teiner, Malou Fickling, There are loads of books covering the basics of getting along with and disciplining children, but...



The Mystery on the Great Wall of China

Gallopade International. Paperback / softback. Book Condition: new. BRAND NEW, The Mystery on the Great Wall of China, Carole Marsh, Mimi, Papa, Grant, and Christina are headed to China in Papa's little red and white airplane, The Mystery Girl. Thousands of miles...



The Mystery on the Great Barrier Reef

Gallopade International. Paperback / softback. Book Condition: new. BRAND NEW, The Mystery on the Great Barrier Reef, Carole Marsh, It's a trip "Down Under" for Christina, 10, Grant, 7, and their mystery-writing grandmother Mimi! Lots of surprises and mysterious activities unfold as...



George Washington's Mother

Penguin Putnam Inc. Paperback / softback. Book Condition: new. BRAND NEW, George Washington's Mother, Jean Fritz, DyAnne DiSalvo-Ryan, The All Aboard Reading series features stories that capture beginning readers' imagination while developing their vocabulary and reading comprehension. The Picture Readers, appropriate for...