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The Art of Being a Brilliant Teenager

By Andy Cope, Andy Whittaker, Darrell Woodman, Amy Bradley

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, The Art of Being a Brilliant Teenager, Andy Cope, Andy Whittaker, Darrell Woodman, Amy Bradley, Calling all teenagers- quit the moaning and start loving life! Don't be a cliché. Don't stay in your bedroom grunting and grumbling. How about getting motivated, energized and start making a difference?! The Art of Being A Brilliant Teenager teaches you how to become your very best self-and how to figure out who that is, exactly. The bestselling authors of The Art of Being Brilliant and Be Brilliant Everyday are experts in the art of happiness and positive psychology and, with this new book, you'll find your way to becoming brilliant at school, work, and life in general. Stay cool under all the pressures you're facing, and plot a map for the future that takes you wherever it is you want to go. Become proactive, determined, successful and most importantly: happy! Fact: your life span is about four thousand weeks. It seems like a lot, but it's not. Complaining about life, homework, parents, and relationships may be normal now, but don't let it become your defining trait. When you're forty years old and still...



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